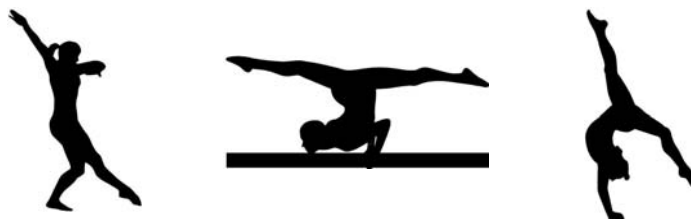


Riverside GYMNASTICS ACADEMY

Parent Handbook



Riverside Gymnastics Academy

Booster Club, Inc.

2221 River Road

The Dalles, OR

(541)993-8625

WWW.RIVERSIDE-GYM.ORG

September 2008

RGABC, INC. Parent's Handbook

Our Mission Statement

Riverside Gymnastics Academy develops character and self-esteem by modeling and reinforcing integrity, self-control, respect, perseverance, discipline, teamwork and fitness through exercise and the sport of gymnastics.

Organization

Riverside Gymnastics Academy is a school of gymnastics, operated by the nonprofit organization Riverside Gymnastics Academy Booster Club, Inc.

The Board of Directors is responsible for the overall management of the facility and programs, and for all business and fundraising activities.

The Gymnastics Director and Head Coaches - Candy and Mike Smith, are responsible for the content of classes and team workouts, assignment of gymnasts to the appropriate classes and team levels, supervision of all instructors and oversight of the preschool program.

The Administrative Director- Sue Hinatsu, is responsible for all record keeping associated with the academy, including registration, tuition, and attendance records.

Safety

The safety of each child is of paramount importance. All of our lead instructors are safety certified by USAG and are subject to a background check. Only gymnasts registered in classes and under instruction are allowed beyond the viewing area or on the equipment. Prior to class, only team members are allowed in the gym area. All other students must wait in the viewing area until the beginning of class.

Registration

Each gymnast must have a completed registration form on file. It is the responsibility of the gymnast's family to make sure this information is kept current. There is an annual registration fee of \$35 for a single gymnast, or \$65 per family. This covers registrations costs and liability/medical insurance. This fee is due at the start of classes in September, or whenever a new gymnast enrolls in the program.

Tuition

Tuition is due on a monthly basis, with the exception of some summer programs. Tuition is due at the first class of each month. If tuition is not received by the 15th of the month, a \$10.00 late fee will be assessed. Should there be a problem with submitting payment by the 15th of the month, please notify our administrative director in advance to make arrangements. Tuition checks should be made out to RGABC, Inc. and can be placed in the tuition box or mailed to the 2221 River Road address. Billing statements will not be sent unless tuition payments are past due.

Liability

All reasonable care will be taken to prevent accidents. There are risks involved with the sport of gymnastics, and there is the chance of injury regardless of safety measures used. In the event of an injury, parents or guardians will be notified. A parent or guardian, as listed on the registration form needs to be present or available by phone while their student is in class. All gymnasts must have a signed waiver on file, which needs to be updated annually.

Make up classes

If a gymnast misses a class, she or he may be allowed to participate in a class at a similar level, at the discretion of the instructor. We do not prorate for missed classes or vacations, and unused make up classes may not be substituted for tuition payments.

Discontinuation of enrollment

The Administrative Director or the instructor must be notified if a gymnast is discontinuing a class prior to the end of the regular season. Tuition will not be prorated if the student discontinues mid-month.

Inclement weather

If the North Wasco County School District 21 is closed due to weather, classes will be cancelled. If there is a weather-caused delay in starting school, morning classes will be cancelled, but afternoon and evening classes will be held.

Dress code

Girls- leotards. Close fitting shorts, warm-up pants, &/or t-shirts may be worn over leotards. Long hair must be pulled back in a pony tail, braids or secured with clips.

Boys- shorts or warm-up pants and t-shirts

Students will not be allowed in class in any clothing with belts, snaps, buckles, zippers or rivets. The only jewelry allowed are ear studs.

Water bottles are acceptable in the gym. They must contain only water; no sports drinks, juice or soft drinks. No food is allowed in the gym area.

Student behavior

Students are expected to be mature enough to follow directions and obey instructors. Uncooperative, disruptive, or unruly students will be subject to correction in the form of missed turns, time outs, push-ups, etc. At the instructor's discretion, students may be removed from class.

Parents and spectators

Viewers are encouraged to support all students. Please cheer for them. However, please do not instruct from the sidelines. It is a distraction to the instructors and takes the student's focus away from their instructor. Parents need to closely supervise their non-student children and any other children for whom they are responsible.

How to contact us

Instructors

For all instructors, call the business #541-993-8625
and leave a message.

Mike and Candy Smith home - #541-467-2258

Administrative Director

Sue Hinatsu - #980-1742

Board Members

Mimi McDonell, President, mimimcdonell@gmail.com

Amy Sugg, Director, #980-4105, amysugg@hotmail.com

Stan Hinatsu, Treasurer, #490-5603, shinatsus@aol.com

Tom Peterson, Secretary, #541-296-6355, tomvpeteron@gmail.com

2008-09 Calendar

September

- 8 Fall classes begin
- 20 Meet OGA, Beaverton

October

- 4 Meet, MAC, Portland
- 18 Meet, TBA

November

- 1 Meet, Gymnest, Hillsboro
- 11 Veterans Day, Classes will be held
- 15 Sectionals, L4 only, TBA
- 22 Sectionals, L5 & L6 only, Sunburst, Clackamas
- 27-29 Thanksgiving Break, No classes

December

- 6 State, L5 & L6 only, Coos Bay
- 22- Jan. 2 Winter Break, No classes

January

- 5 Classes resume
- 19 MLK Day, Classes will be held

February

- 16 Presidents Day, Classes will be held

March

- 23-27 Spring Break, No classes

April

May

- 25 Memorial Day, No Classes